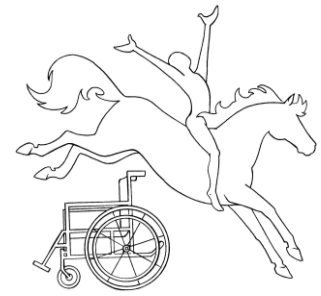




# Ride On



## Therapeutic Horsemanship

Serving the San Fernando and Conejo Valleys

### Rider's Medical History and Physician's Statement

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number : \_\_\_\_\_ Email: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Past/Prospective Surgeries \_\_\_\_\_

Seizure Type: \_\_\_\_\_ Controlled: \_\_\_\_\_ Date of Last Seizure: \_\_\_\_\_

Medications: \_\_\_\_\_

Please indicate any special precautions \_\_\_\_\_

Mobility: Independent Yes \_\_\_ No \_\_\_ Assisted Ambulation Yes \_\_\_ No \_\_\_ Wheelchair: Yes \_\_\_ No \_\_\_

For those with Down syndrome: Neurologic Symptoms of Atlantoaxial Instability:  Present  Absent Date of Exam \_\_\_\_\_

Please indicate if the patient has a problem and/or surgeries in any of the following areas by checking yes or no.

| Areas                   | Yes | No | Comments |
|-------------------------|-----|----|----------|
| Auditory                |     |    |          |
| Visual                  |     |    |          |
| Tactile Sensation       |     |    |          |
| Speech                  |     |    |          |
| Cardiac                 |     |    |          |
| Circulatory             |     |    |          |
| Pulmonary               |     |    |          |
| Neurological            |     |    |          |
| Muscular                |     |    |          |
| Orthopedic              |     |    |          |
| Balance                 |     |    |          |
| Allergies               |     |    |          |
| Learning Disability     |     |    |          |
| Cognitive               |     |    |          |
| Emotional/Psychological |     |    |          |
| Other                   |     |    |          |

To my knowledge there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that Ride On Therapeutic Horsemanship will weigh the medical information above against the existing precautions and contraindications. Therefore, I refer this person to Ride On for ongoing evaluation to determine eligibility for participation.

Name/Title \_\_\_\_\_ MD DO NP PA Physician Signature \_\_\_\_\_

Date \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

## Information For Physician

The following conditions, if present, may represent precautions or contraindications to therapeutic horseback riding. Therefore when completing this form, please note whether these conditions are present, and to what degree.

### Orthopedic

Spinal Fusion  
Instabilities/Abnormalities  
Atlantoaxial Instabilities  
Scoliosis  
Kyphosis  
Lordosis  
Hip Subluxation and Dislocation  
Osteoporosis  
Pathological Fractures  
Coxas Arthrosis  
Heterotopic Ossification  
Cranial Deficits  
Spinal Orthoses  
Internal Spinal Stabilization Devices

### Neurologic

Hydrocephalus/shunt  
Spina Bifida  
Tethered Cord  
Chiari II Malformation  
Hydromyelia  
Paralysis due to Spinal Cord Injury  
Seizure Disorders

### Medical/Surgical

Allergies Spinal  
Cancer  
Poor Endurance  
Recent Surgery  
Diabetes  
Peripheral Vascular Disease  
Varicose Vein  
Hemophilia  
Hypertension  
Serious Heart Condition  
Stroke (Cerebrovascular Accident)

### Secondary Concerns

Behavior Problems  
Age under Two Years  
Age Two - Four Years  
Indwelling Catheter  
Acute Exacerbation of  
Chronic Disorder